

Paper presented to:	Kent Health Overview and Scrutiny Committee
Paper Subject:	Commissioned Services for Stroke Rehabilitation: NHS West Kent CCG
Date:	
Presented by:	Ian Ayres, Accountable Officer, NHS West Kent CCG
Purpose of Paper:	To the update the HOSC on current commissioned services

West Kent CCG currently commissions the following rehabilitation services for patients who have suffered from a stroke:

Kent Community Health Foundation Trust
Sapphire Unit – Community Neurological Rehabilitation Services
Gravesham Community Hospital, Bath Street, Gravesend, Kent, DA11 0DG

The Sapphire Unit is a 21-bed nurse-led rehabilitation unit in Gravesham Community Hospital. Sapphire has 15 beds for patients with progressive and non-progressive neurological conditions who need more rehabilitation following discharge from an acute hospital. This may be following a stroke.

The primary purpose of the Sapphire Unit is to provide a seamless, integrated inpatient Community Neurological Rehabilitation service to patients who have had a new neurological event or acute change in the long term Neurological condition. .

Rehabilitation is provided for patients who are medically stable but need support to improve their independence. The service will provide appropriate therapy, education and support enabling patients and their carers to achieve the best possible quality of life. The Sapphire Unit works on improving mobility, strength, independence in personal and domestic care tasks, cognitive ability, communication and language. Patients are given the opportunity to develop their daily skills before they are discharged back to living in their own home.

The rehabilitation team comprises of nurses, physiotherapists, occupational therapists, speech and language therapists, dietitians and neuropsychologists.

The service is a 24 hour service for inpatients.

Kent Community Health Foundation Trust
Tonbridge Cottage Hospital
Vauxhall Lane, Tonbridge, Kent, TN11 0NE

Tonbridge Cottage Hospital is a 14-bed rehabilitation unit. The service provides rehabilitation to patients who are medically stable but need further rehabilitation. The hospital takes patients directly from their own homes to avoid admission to an acute hospital, or following a stay at an acute hospital.

The service aims to help patients regain their independence where appropriate and to teach them coping strategies. Staff work in partnership with the patient, carer and relatives to ensure all aspects

of care, including assessment of needs on admission, joint goal setting, planning, implementation and evaluation of care are effective.

The team consists of a modern matron, junior matron, registered nurses, rehabilitation assistants, health care assistants, physiotherapists, occupational therapists, a care manager, a pharmacist and medical consultants.

The service is a 24 hour service for inpatients.

Kent Community Health Foundation Trust

Community Neurological Rehabilitation Team (CNRT)

Churchill Centre, Preston Hall, Aylesford, Kent, ME20 7NJ (Offices only);

Dartford, Gravesham & Swanley (DGS), Joynes House, First Floor, New Road, Gravesend, Kent, DA11 0AT;

Sevenoaks Hospital, Hospital Road, Sevenoaks, Kent, TN13 3PG

The Community Neurological Rehabilitation Team (CNRT) is a specialist service providing rehabilitation to adults with progressive and non-progressive neurological disability. This may include stroke.

The CNRT help to discharge patients from hospital who have had a stroke or brain injury and help to support patients who have a long-term condition such as MS to maintain their levels of function and independence. The team help to rehabilitate in the most appropriate community setting, this may be in the home, day centre or in an out-patient clinic. They also run a range of therapy groups, including balance and exercise, and fatigue management. Intervention is time-limited and goal-directed. The team works with the patient and their family to ensure that rehabilitation is carried over into everyday activities.

The CNRT consists of physiotherapists, occupational therapists, speech and language therapists, dietitians, nurses, rehabilitation assistants and administrators. The team also have close links with the neuro-psychology service and works closely with social services, hospitals and the voluntary sector.

The service runs Monday to Friday, 9am – 5pm.

Kent and Medway Partnership NHS and Social Care Partnership Trust

West Kent Neuro-rehabilitation Unit

The Knole Centre, Darent House, Hospital Road, Sevenoaks, Kent, TN13 3PG

West Kent Neuro-rehabilitation Unit at Sevenoaks is an eight-bed inpatient service for West Kent residents. It is a patient centred neuro-rehabilitation service focusing on complex Acute Brain Injury patients requiring a multidisciplinary team intervention in a specialist setting who have experienced non-progressive neurological illness or accident.

The service helps patients to acquire new skills so they can re-adjust to independent life in the community by identifying and working towards realistic goals within important areas of the patients life. These areas could include mobility, work, study, leisure, personal, social or domestic activities. The team can also, where appropriate, provide emotional support to the patient's carers and relatives.

Stroke Association

Communication Support Service

29 Hollingworth Court, Turkey Mill, Ashford Road, Maidstone, Kent, ME14 5PP

Stroke Association provides a Communication Support Service to stroke survivors who are living with the effects of communication difficulties, to create opportunities to develop communication strategies, help rebuild confidence and get back to life after stroke.

The service provides high quality information, emotional support and practical advice in the aftermath of a stroke. The Stroke Association will work with the survivor and their family immediately following a stroke and will continue for as long as needed (in hospital, care homes, their own home and in the community).

Support is provided on a one to one basis or within a group setting with the service co-ordinator and trained volunteers providing the survivor with an opportunity to practice communication and gain confidence in dealing with everyday situations. Support groups are run on a regular basis for survivors and carers to attend.

This service runs Monday to Friday, 9am – 5pm.